



## Social partners' conference on approaches to the issue of psycho-social risks and stress at work in the hospital sector

Helsinki, 10 November 2015

**HOSPEEM-EPSU project "Assessing health and safety risks in the hospital sector and the role of the social partners in addressing them: the case of musculoskeletal disorders and psycho-social risks and stress at work"**

Venue: Radisson Blu Royal Helsinki Hotel, Runeberginkatu 2, FIN-00100 Helsinki

### Draft Agenda

*Simultaneous interpretation will be provided from and into **English, French, German and Finnish.***

#### 9 November 2015

17.00-18.00 *Tram sightseeing tour (45 places max.; registration on demand)*  
18.30-20.00 *Welcome reception*

#### 10 November 2015

08.00 – 08.30 *Registration*

#### **Morning session**

Chair: Dr. Margret STEFFEN, ver.di, Germany (EPSU)

08.30 – 09.00 **Welcome and introduction**

08.35 – 08.45 **Welcome**  
*Marjut MCLEAN, Vice-president, TEHY*

08.45 – 09.00 **"From Paris to Helsinki"**: recalling the main outcomes of the Paris conference on musculoskeletal disorders & introduction of the agenda  
*Nico KNIBBE, LOCOMotion Research NL (contracted expert)*





09.00 – 9.40

**Session 1: Setting the scene: causes of psycho-social risks and stress at work (PSRS@W) in the hospital/health care sector**

**Managing stress and psychosocial risks at European workplaces**

*Julia FLINTROP, EU-OSHA*

Questions and answers

09.40 – 10.40

**Session 2: Risk assessment and risk management in the field of PSRS@W**

**Stress in Healthcare – Can we measure and prevent stress in healthcare**

*Albert NIENHAUS, BGW*

**Psychosocial risk prevention within health care profession in the EU**

*Peter KELLY, Health and Safety Executive (HSE), UK*

Questions and answers

10.40 – 11.10

*Coffee Break*

11.10 – 12.30

**Session 3: Better managing PSRS@W**

**Applying workers' health surveillance to manage PSRS@W**

*Sarah RUTTEN-KETELAAR, Academic Medical Center, Amsterdam*

**Handling of harassment in Region Gävleborg, Sweden**

*Anders WESTLUND, Malin VADELIUS and Tord ANDERSSON, Region Gävleborg, Gävle, Sweden*

**Risk assessment and primary prevention of psychosocial risks and stress in the context of the restructuring of an institution of the CAPIO Group in Bayonne, France**

*Valérie D'ALMEIDA, CFDT Bayonne, and Catherine Allemand, SYNDEX*

Questions and answers

12.30 – 13.45

*Lunch Break*





## Afternoon session

Chair: Bjørn HENRIKSEN, SPEKTER, Norway (HOSPEEM)

13.45 – 14.45      **Session 4: Better preventing PSRS@W**

### **Working in partnership for an improved prevention of PSRS@W**

*James TRACEY, Leeds Teaching Hospitals NHS Trust, and Kim Sunley, Royal College of Nursing (RCN)*

Questions and answers

14.45 – 15.15      **Session 5: How can workers cope with their job demands and stay engaged?**

### **Well-being through work – “How can workers cope with their job demands and stay engaged”**

*Saija KOSKENSALMI, Finnish Institute of Occupational Health*

15.15 – 15.45      **Closing panel**

*Moderated by Nico KNIBBE, LOCOmotion Research NL*

*Participants:*

- *Kirsi SILLANPÄÄ, TEHY (EPSU)*
- *Johanna KARLSTRÖM, KT (HOSPEEM)*
- *Zinta PODNIECE, DG EMPL, European Commission*
- *Julia FLINTROP, EU-OSHA*

