A Sound mind in a Sound body
Taking care of those who take care of us
Vilnius, 23 - 24 May 2018
Social partners' conference on occupational Safety and Health
A sound mind in a sound body

Taking care of those who take care of us!
Margret Steffen on collaboration

We can change things together!

With the support of the EU!
WORKLOAD

I really want to take care of my health,
...but I don't have time for it!!!!!
Service design

Wow! That looks amazing!!

And I immediately see what we can improve!
Directives

I have the right to work in a healthy environment!

Directive
Sound body
Sound mind

Watch your back!
Third party violence at work

G...G...Good to see that bruised arm is getting better...

...now put me down please, I can hardly breathe!
Integrated mobile care team

physician

On our way to the patient!

nurse

relative

yes! There are my superheroes!

welfare officer

PATIENTS HOME

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Service design

Wow! That looks amazing!!

And I immediately see what we can improve!
This is a serious issue: It simply is too heavy!!

Let me guess... you are a nurse!

How do you know?!!
Escape room for nurses

Watch your back!!

yes, we escaped!
psychosocial risks in healthcare

Come on, Go to your patient!

... I don't dare!

Grrr!
Verbal harassment

Argh! although I use earplugs, I can't take this anymore...

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Raising awareness

If the patient uses one of these words, you're confronted with aggression.

And you have the right to report that!
Safe patient safe healthcare professional

I feel comfortable and safe!

That's good for my health!

That's good for my health as well!
Everybody's responsibility

I don't want to cover this up...
I have to report an act of violence
by a colleague...
...against a patient who did not dare
to report this herself.
No wrong door-rule

Let's just skip the whole door! Makes reporting even easier!
A safe and healthy workplace for all!

physical...

mental...

and social health!
Work-Life (im)balance
Only a social Europe has the future!
The health circle
reflecting on work conditions through the staff

we are the experts!

continuous feedback!

the best way to implement change!

It's all about participation!
A healthy organisation...

...a healthy employee!
Leadership & employee well-being

Today, our team is celebrating you!

nothing is better for our health than a good leader!
Vuosaari homecare
Homecare reorganised!

My workday is extended to 9 hours and I have more time to recover from work: I feel much better!

Finally time to take me to the hairdresser!
Staff support programme in the emergency care

you're my hero!

Thanks to the support of my colleagues!

peer to peer!
Kunteko 2020

We develop working life together!

Step by step!
Kunteko 2020

We develop working life together!

Step by step!

Workshops, coaching, networks
Development of working life

My working life has been improved so well... I don’t want to go home anymore!
Psychosocial risks

- Emotional stress
- Paperwork
- Workload
- Bad posture
- Mental/Physical Violence
- Long Workdays
- Burnout
Difficulty addressing psychosocial risks

If I tell about my stress maybe they think I'm unfit for my job...
Person-centered care

It's all about a strong team!

with you
in the middle!
SAFE TRIP HOME EVERYBODY!