

# EPSU & HOSPEEM

## 3rd of December 2018

### BRIDGE Model

A competency development programme designed to enhance interprofessional collaboration, shared knowledge and patient and citizen involvement across sectors

Winnie Lund, Development Consultant, RN, MPH

Jette S. Holtzmann, Head of Office, RN, MA, MAAEML

Centre of HR, The Capital Region of Denmark



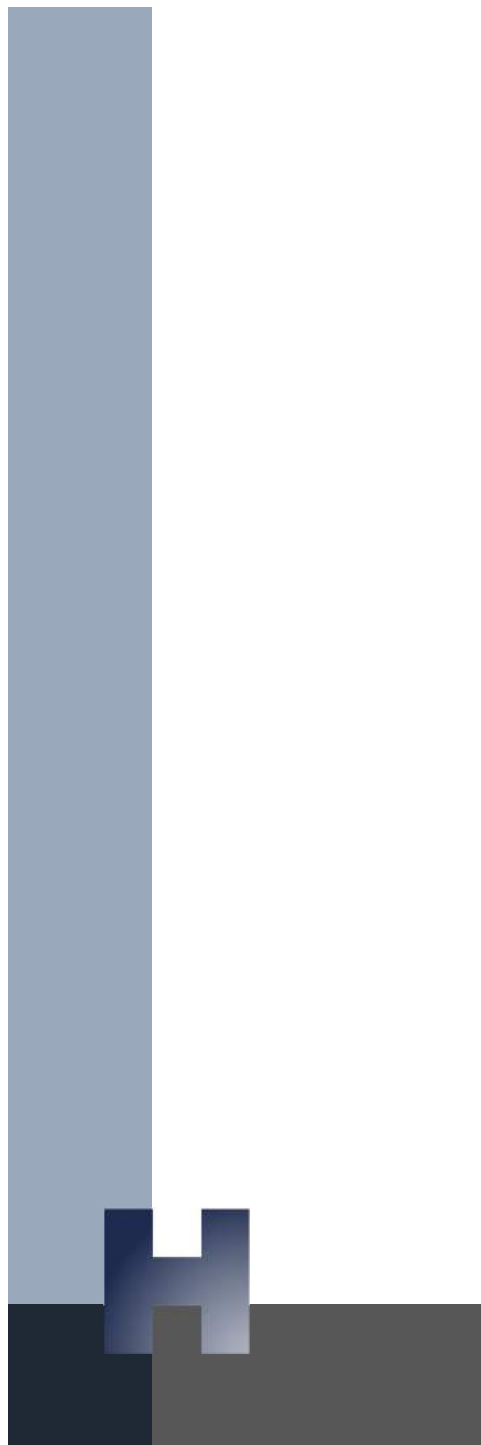
**B R O...**

**The Bridge Model**

## Agenda

- Why we need to work in new ways
- A demand for new skills
- BRO – The Bridge Model
- Short case
- What have we learned?
- Discussion



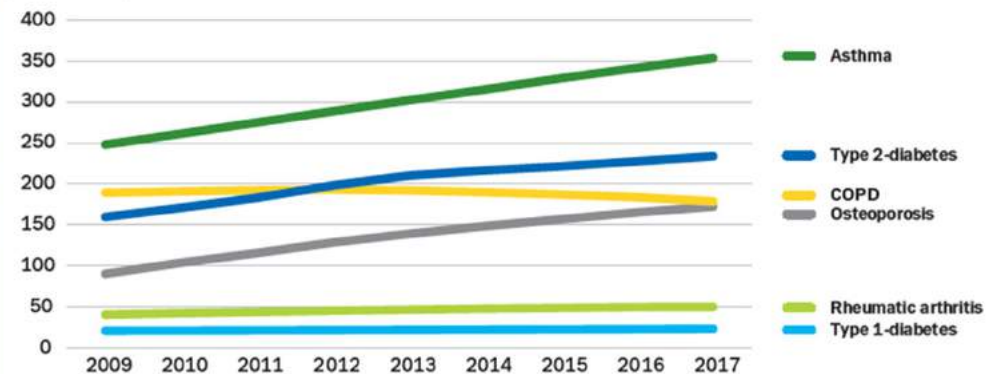


# Why we need to look at new ways of working together



Development of number of adults facing multimorbidity

(In thousands)



Persons over 18 years with minimum one chronic disorder out of six selected chronic disorders.

Reference: Borgere med multisygdom, Sundhedsdatastyrelsen 2017

## A demand for new skills

- Interprofessional skills and seamless care
- Up-to-date knowledge and skills in new technologies, blended learning, simulation and bed-site training
- Increased specialization and increased complexity of treatment and care
- Increased demands for user involvement and patient empowerment
- Knowledge and skills in patient involvement and communication
- New ways of collaboration, co-creation and relational skills
- Knowledge and skills in public health, health prevention and target groups with special needs

# “Co-creation is vital”



A photograph of a patient in a hospital gown using a walker. The image is overlaid with a green tint. The text "Patients as educators" is written in white on the right side of the image. The patient is standing on a wooden floor, and a hospital chair is visible in the foreground on the right.

“Patients as  
educators”



The Capital Region of Denmark

# Short case

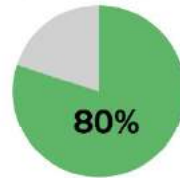
## How to support neuro rehabilitation



“When patients are more involved in their own rehabilitation and when the communication with the professionals is clear, the patient is more likely to maintain the results of the physiotherapy achieved during hospitalization.”

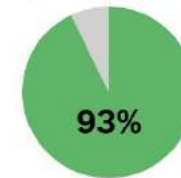
# What have we learned?

Management respondents



**Responsibility:** 80% of the participants feel The Bridge Model has increased their awareness of own role and responsibilities

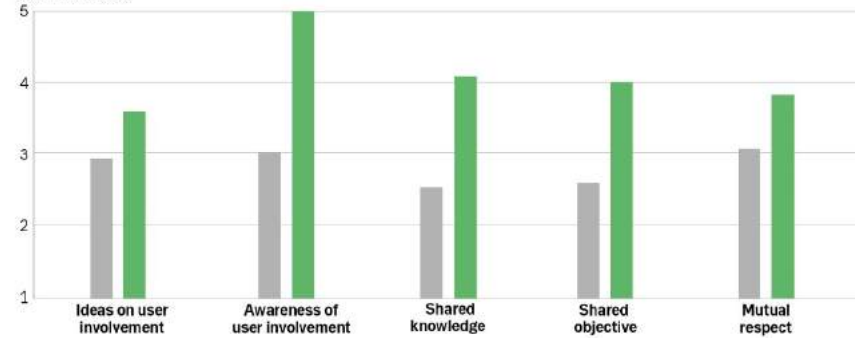
Management respondents



**Motivation:** After The Bridge Model 93% of the participants are more motivated to work with seamless care and user participation

Participant respondents

(5 point Likert Scale)



■ Before BRO - The Bridge Model  
■ After BRO - The Bridge Model





“Continuing  
professional  
development”

The Capital Region of Denmark

**Thank you for your participation**  
**Please do not hesitate to contact us**



[Winnie.lund@regionh.dk](mailto:Winnie.lund@regionh.dk)

[Jette.holtzmann@regionh.dk](mailto:Jette.holtzmann@regionh.dk)