

# TilThermometer

Explanation of the Mobility classes



A



B



C



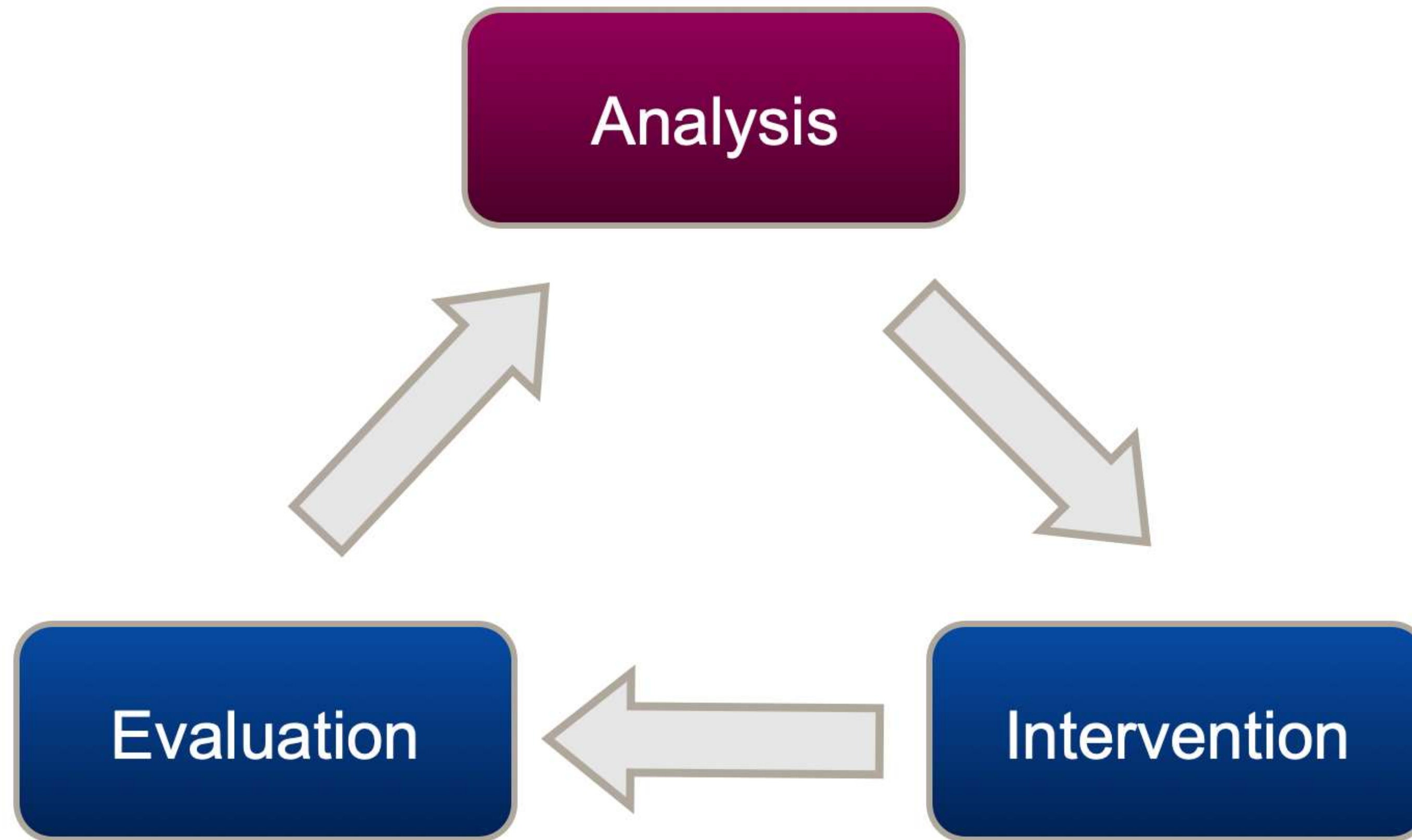
D



E

STAG



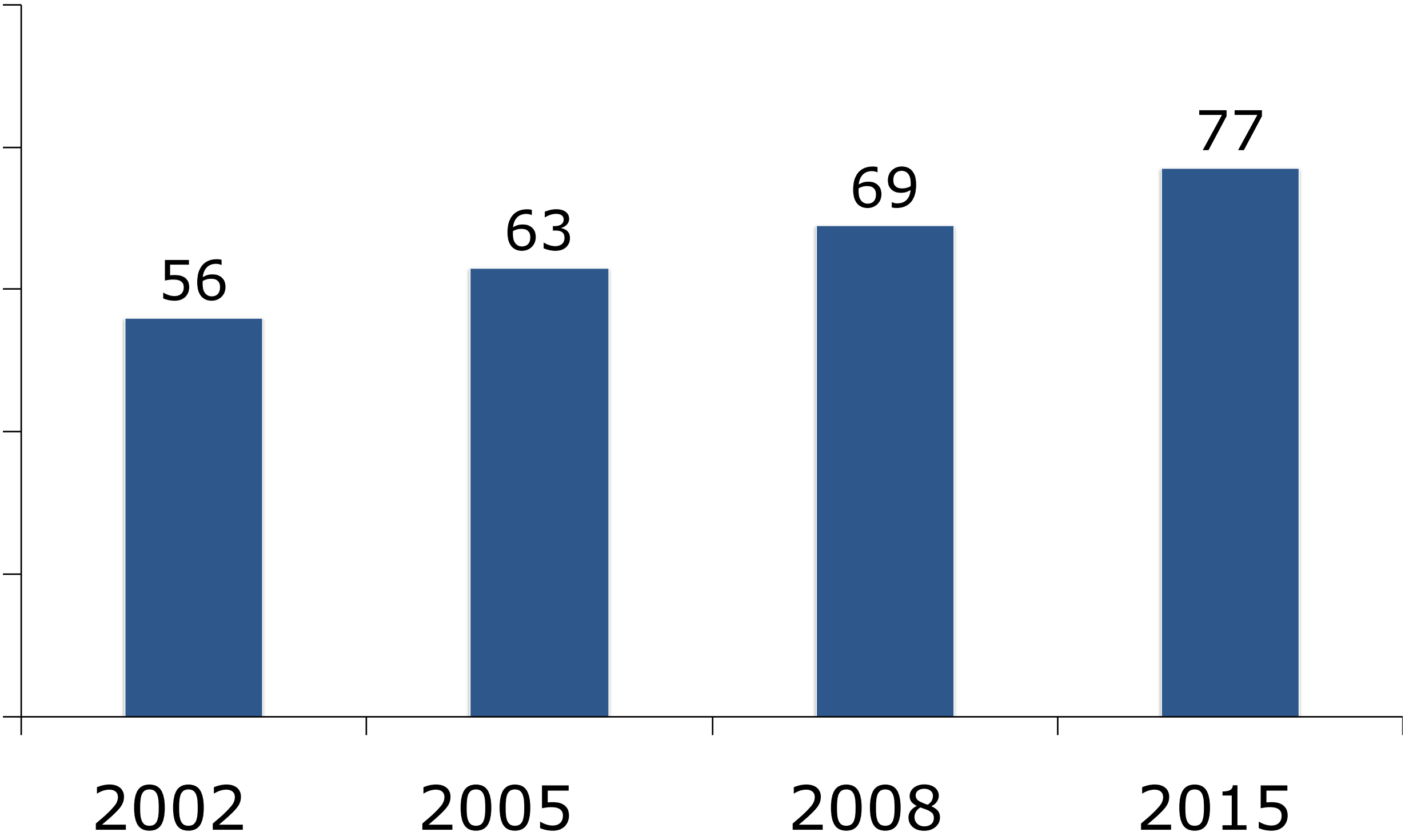


# TilThermometer

- funded by social partners (translated by Arjo)
- online [www.tilthermometer.com](http://www.tilthermometer.com)
- free of charge
- no log in (your data are not stored)
- based on EU expert guidelines for physical load (CEN ISO TR 12296)
- it takes about 15 minutes to assess a 25 bed ward
- in one year 17.600 unique users
- in English and Dutch (so far :)
- it provides reliable policy information (investment, staffing, training, equipment, etc.)

# Increasing care load

% clients with mobility level C, D en E

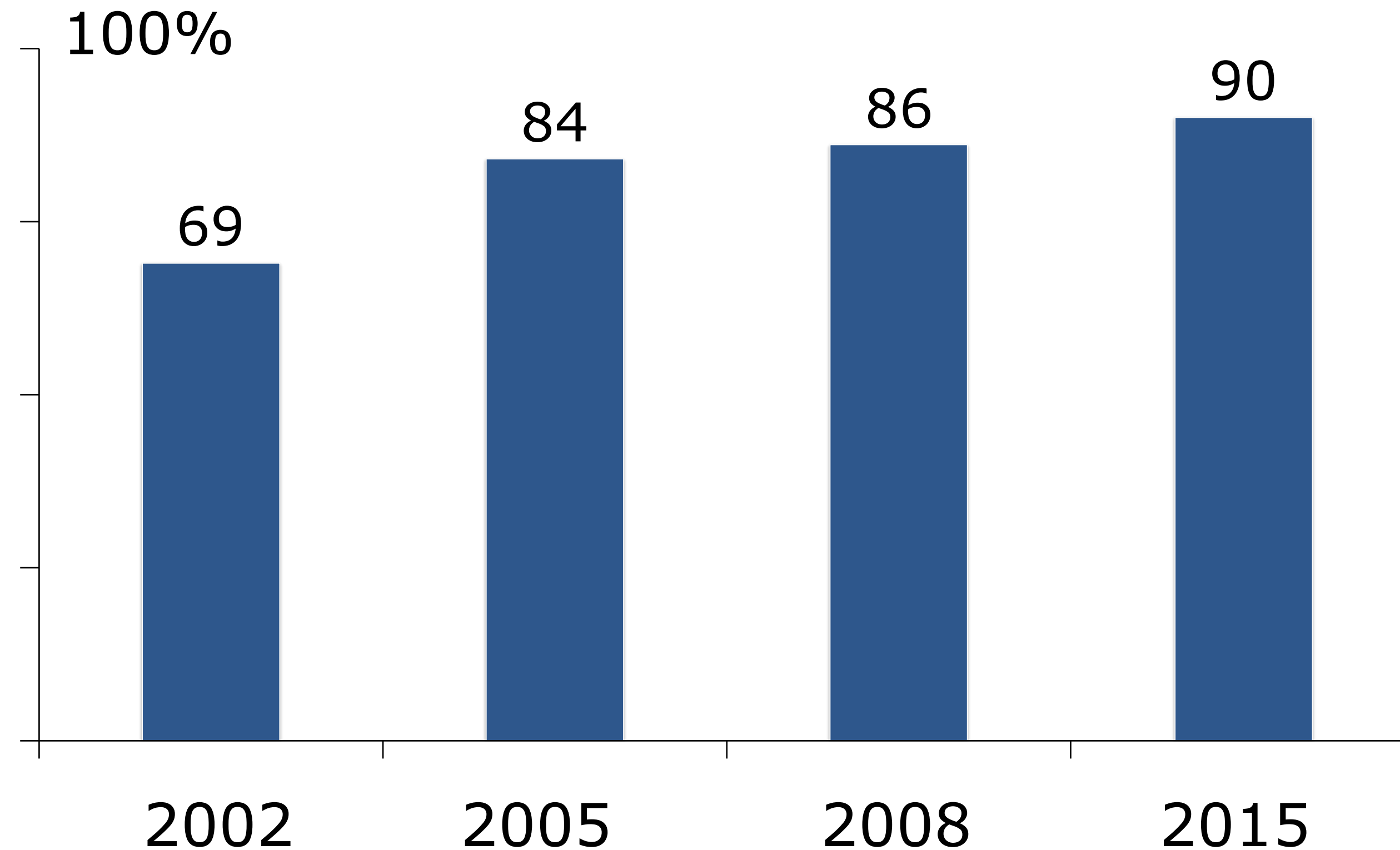
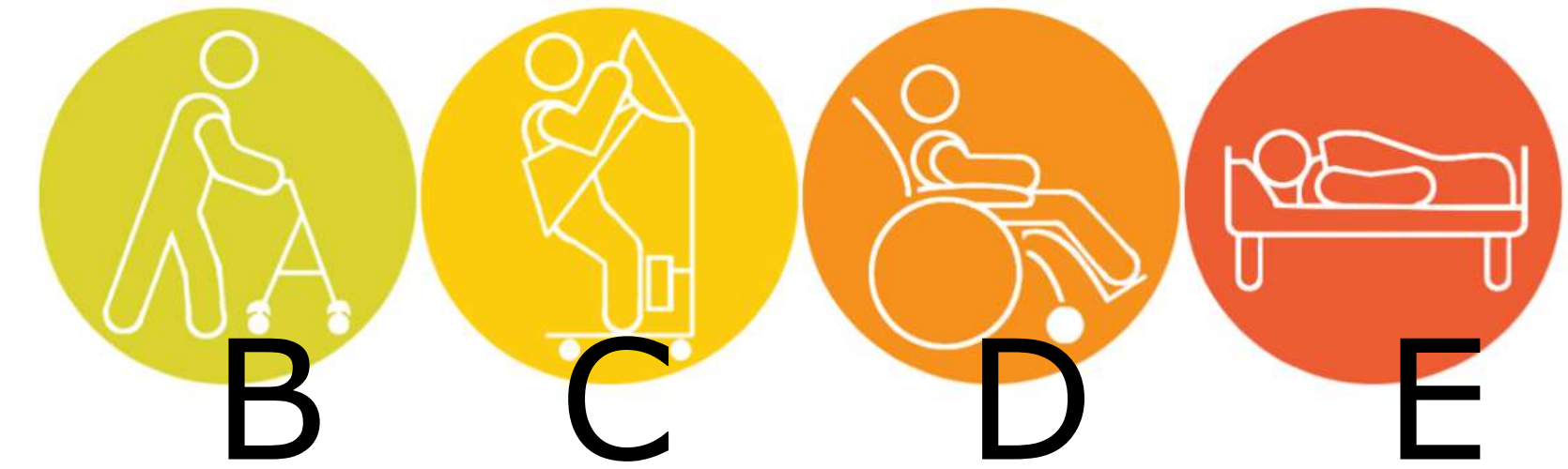


Source: Knibbe JJ, Knibbe NE. Vijfde monitoring fysieke belasting in verpleeg- en verzorgingshuizen, thuiszorg en kraamzorg, 2015.



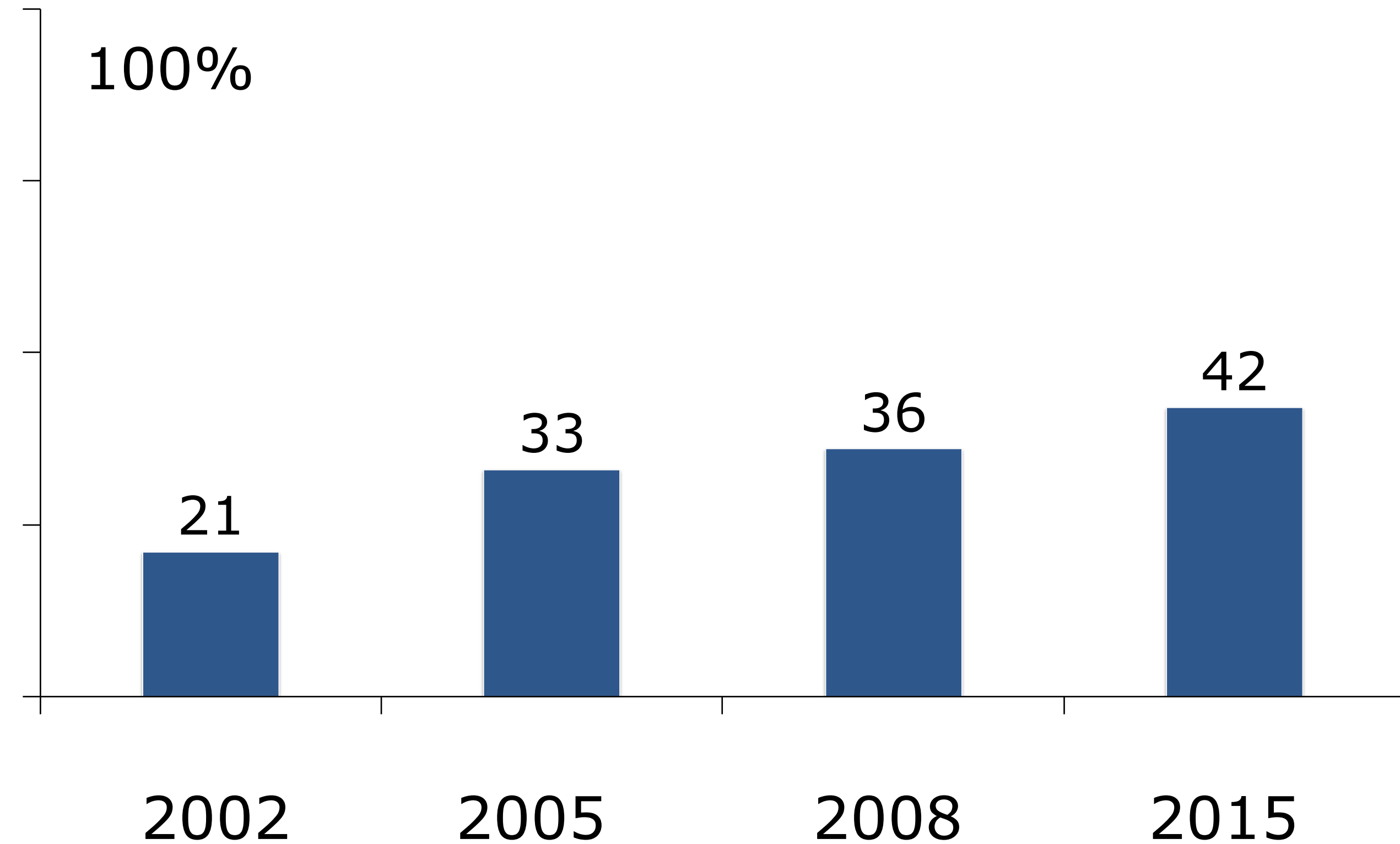
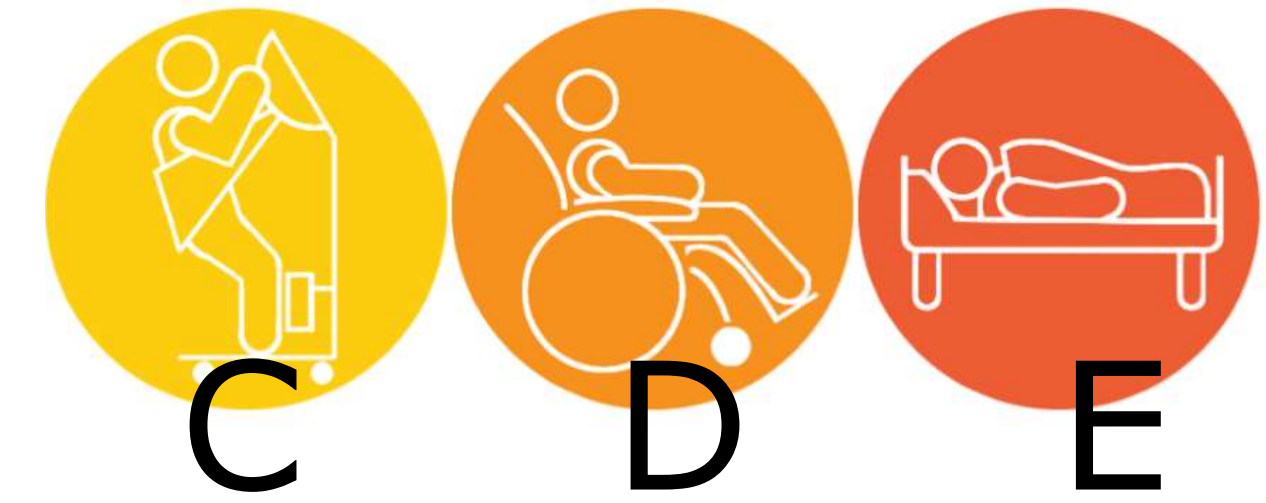
# Do we comply to the guidelines for powered high-low beds?

Results TilThermometer (n=12.544).



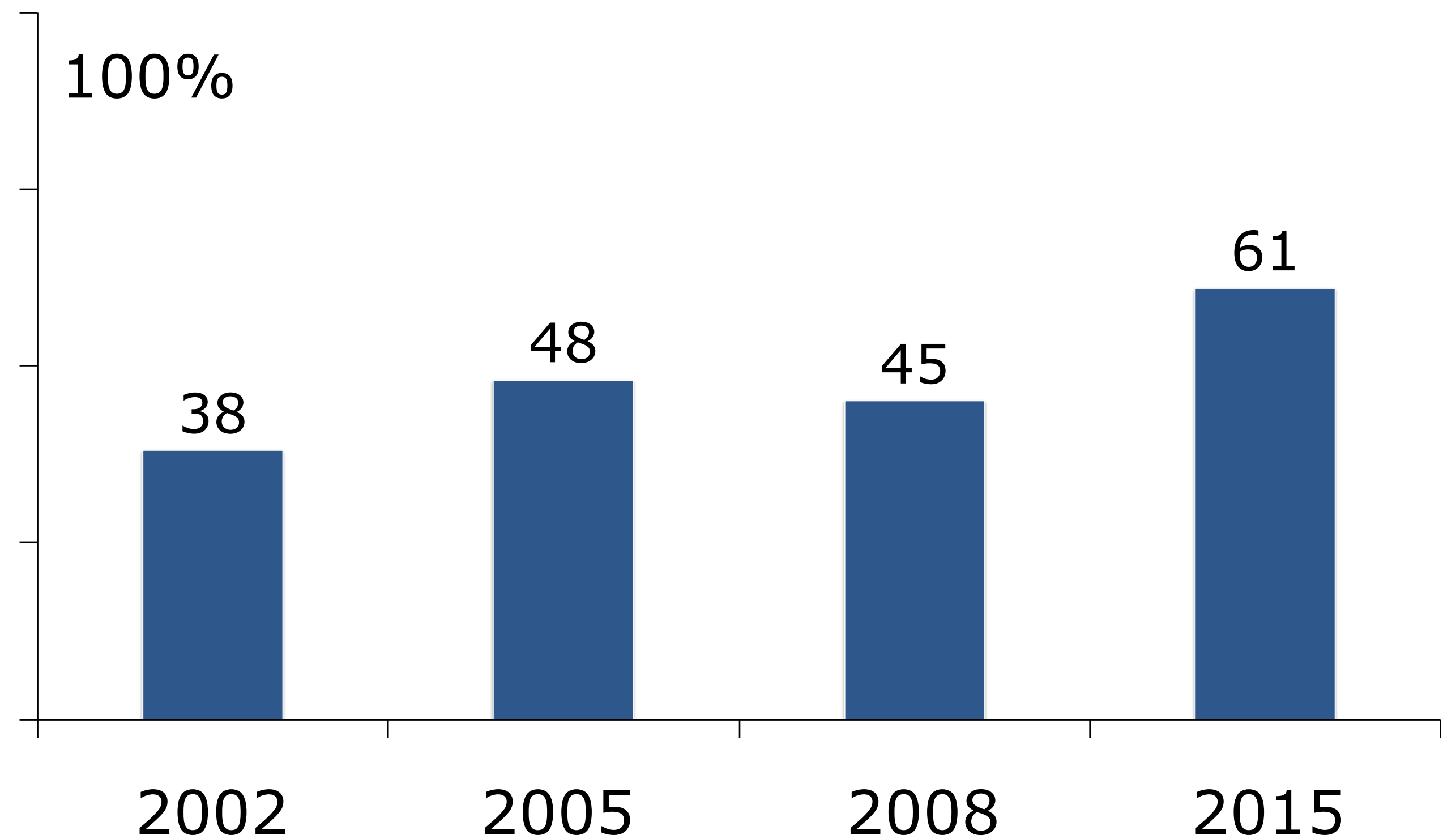
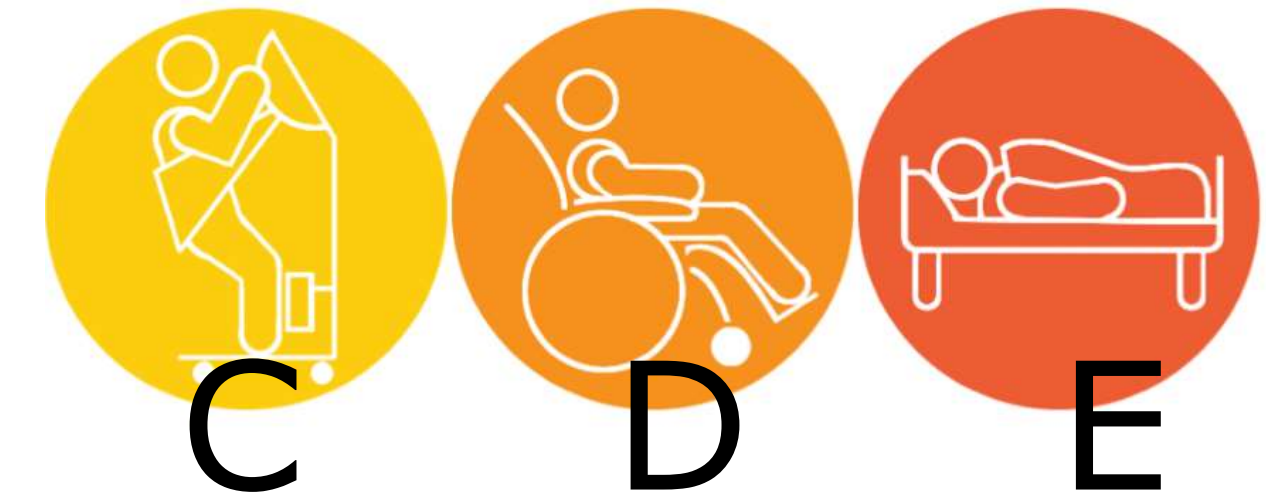
# Do we comply to the guidelines for sliding sheets?

Results TilThermometer (n=12.544).

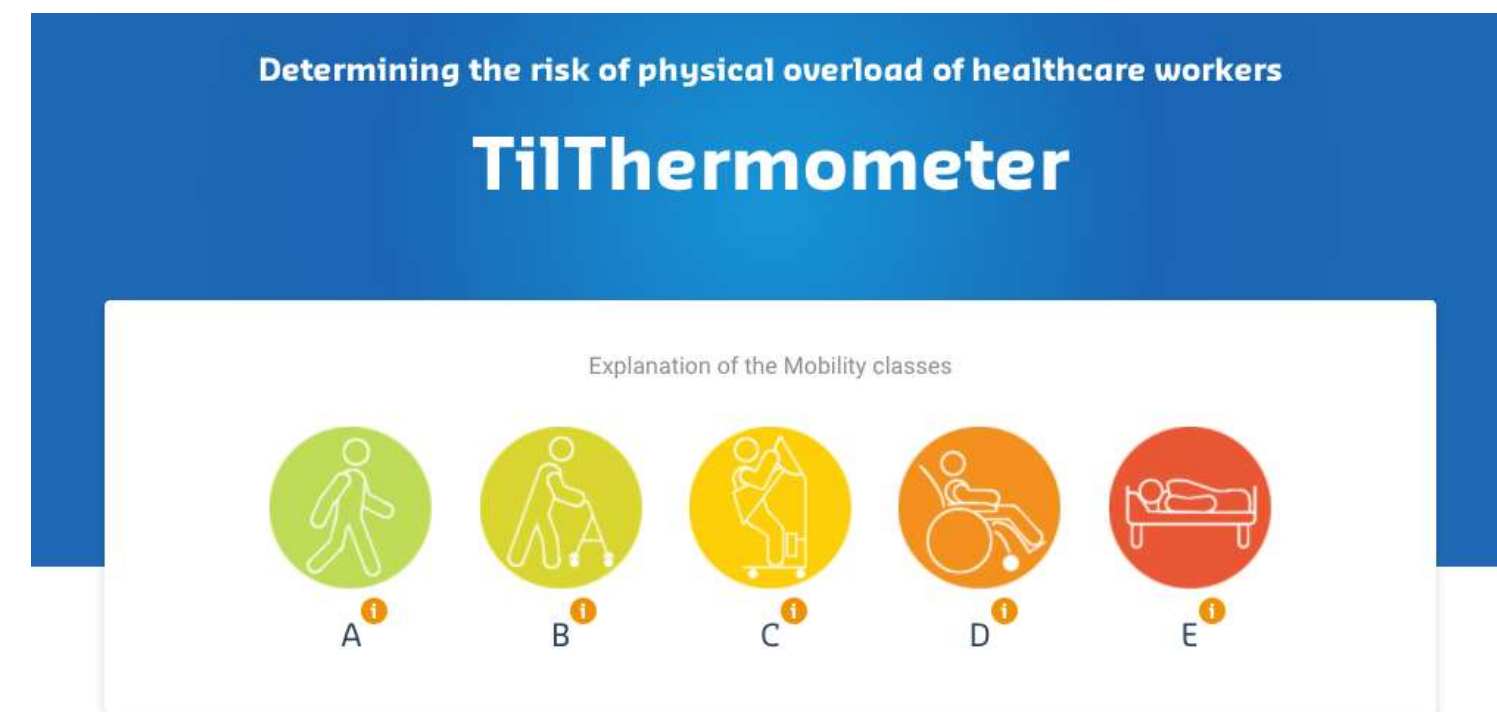


# Do we comply to the guidelines for lifters?

Results TilThermometer (n=12.544).



Thank you! Please have a look at [www.tilthermometer.com](http://www.tilthermometer.com) and solve this serious (back) pain issue among our nurses!



STAG



Hanneke JJ Knibbe Msc, RPT  
Human Movement Scientist, Physiotherapist  
Nico E Knibbe Msc.  
Human Movement Scientist, Education Specialist

